



## July 2024

### Sundays

9:30a.m. Holy Eucharist

Alternating between Rite I and Rite II

### Wednesdays

No Healing Services for the summer

### Coming Up

July 6	Men's Club	8:00a.m.
July 9	Finance	6:00p.m.
July 7-12	Gatekeepers	
July 14	Collection for Backpack School Supplies	
July 23	Homeowners Meeting	4:30p.m.
July 24	Vestry	6:00p.m.
July 27	Homeowners Meeting	6:00p.m.
July 28	Brunch	11:00a.m.



### Beyond Our Expectations

"This is what the Lord says: Because you have obeyed me and have not withheld even your son, your only son, I swear by my own name that I will certainly bless you. Your descendants will conquer the cities of their enemies. And through your descendants all the nations of the earth will be blessed—all because you have obeyed me." (Genesis 22:16–18)

As Abraham and Isaac headed up the mountain, before Abraham knew how God would intervene, he assured his son that God would provide the sacrifice. And sure enough, God provided a lamb: "Abraham looked up and saw a ram caught by its horns in a thicket. So he took the ram and sacrificed it as a burnt offering in place of his son. Abraham named the place *Yahweh-Yireh* (which means 'the LORD will provide')" (Genesis 22:13–14). A more literal translation of the Hebrew expression *Yahweh-Yireh* would be "the Lord will see to it."

The Lord expects a lot from those who claim to trust Him. The rigors and risk of faith must be daunting, or else it isn't really faith. But God isn't merely fair; He delights to surprise us by exceeding our expectations. He rewards risky faith with blessings beyond our ability to guess.

Such was the case for Abraham. As for his descendants, they are truly innumerable. And to this day, God preserves His people, Israel, with great plans for their future. Why? Because the Lord keeps His promises, and in doing so, He exceeds our expectations.

### REFLECT

*In what ways has God provided for you beyond your expectations? In what situations are you trusting Him to provide right now? Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.*

EPHESIANS 3:20

Rev. Chuck Swindoll

As we prepare our hearts and minds for a new Rector we are assured that God will once again exceed our expectations!



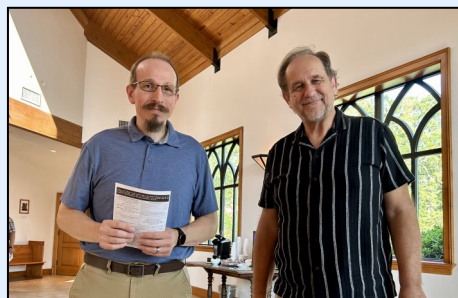
# H Y M N S T O R Y

## Eternal Father, Strong to Save

"**Eternal Father, Strong to Save**" is a British hymn traditionally associated with seafarers, particularly in the maritime armed services. Written in 1860, its author, William Whiting, was inspired by the dangers of the sea described in Psalm 107. It was popularized by the Royal Navy and the United States Navy in the late 19th century, and variations of it were soon adopted by many branches of the armed services in the United Kingdom and the United States. Services who have adapted the hymn include the Royal Marines, Royal Air Force, the British Army, the Royal Australian Navy, the United States Coast Guard, United States Marine Corps and the United States Space Force, as well as the navies of many other Commonwealth realms. The hymn has a long tradition in civilian maritime contexts as well, being regularly invoked by ship's chaplains and sung during services on ocean crossings.

The original hymn was written in 1860 by William Whiting, an Anglican churchman from Winchester, United Kingdom. Whiting grew up near the ocean on the coasts of England and at the age of thirty-five had felt his life spared by God when a violent storm nearly claimed the ship he was travelling on, instilling a belief in God's command over the rage and calm of the sea. As headmaster of the Winchester College Choristers' School some years later, he was approached by a student about to travel to the United States, who confided in Whiting an overwhelming fear of the ocean voyage. Whiting shared his experiences of the ocean and wrote the hymn to "anchor his faith". In writing it, Whiting is generally thought to have been inspired by Psalm 107, which describes the power and fury of the seas in great detail:

Some went out on the sea in ships; they were merchants on the mighty waters.  
They saw the works of the Lord, his wonderful deeds in the deep.  
For he spoke and stirred up a tempest that lifted high the waves.  
They mounted up to the heavens and went down to the depths; in their peril their courage melted away. -*Psalm 107: 23–26*







## Youth Fellowship Fun

A lot of fun was had at our first youth fellowship event hosted by Church of the Good Shepherd, First Presbyterian and St. Andrew's!




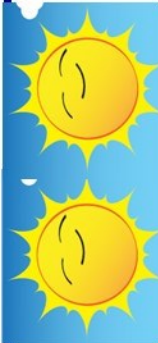
Several of our EYC members helped out!







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Things that Go Camp	2 9:00—11am Food Pantry	3 9:00—10:30am Food Pantry	4 Office Closed	5	6 Men's Club 8am
9:30am Morning Prayer Gatekeepers	8	9 9:00—11am Food Pantry Finance 6pm	10 9:00—10:30am Food Pantry No Healing Service	11 9:00—11am Food Pantry	12	13
	Sports Camp					
14 9:30am H.E. Rite I Rev. Pat Hanen	15 Backpack School Supplies Collection Starts Christmas in July Camp	16 9:00—11am Food Pantry	17 9:00—10:30am Food Pantry No Healing Service	18 9:00—11am Food Pantry Meals on Wheels 10am	19	20
21 9:30am H.E. Rite II 10:30am Food Pantry Bags Rev. Adele Hatfield	22 Weird Science Camp	23 9:00—11am Food Pantry	24 9:00—10:30am Food Pantry No Healing Service Vestry 6pm	25 9:00—11am Food Pantry	26	27
28 9:30am H.E. Rite I Brunch at 11am Rev. Pat Hanen	29 Beach/ Pirate Camp	30 9:00—11am Food Pantry	31 9:00—10:30am Food Pantry No Healing Service			



# July 2024

## LAY/LEM READERS

### July 7—Morning Prayer

9:30 Ramona Orzell

### July 14

9:30 Martha Lamm  
Leslie Hall

### July 21

9:30 George Earp  
Sandy Suggs  
Jeanie Armstrong

### July 28

9:30 Brad Earle  
Ramona Orzell  
Linda Hutcheson

## Greeters

TBD

## ACOLYTES

July 7 Walker Wells  
Jack Lea

July 14 TBD

July 21 TBD

July 23 Landon Newomb  
Liam Jenkins

## Kitchen Clean Up:

Missy Fillietaz  
Sheryl Love-Johnson

## Pantry Distributers

Tuesday—Patty Kennedy  
Wednesday—Tommy Parker  
Thursday—Elizabeth Hunter

## Pantry Volunteers

Lynn Ives  
Terry Noble  
Martha Lamm

*Live as people who are free, not using  
your freedom as a cover-up for evil,  
but living as servants of God.*

Peter 2:16



## USHERS

### July 7

Angela Reid  
Volunteer

### July 14

Billy Suggs  
Steve Thurkill

### July 21

Linda Hutcheson  
Jan Arnold

### July 28

Dan Melnyk  
Don Mucci





## Our St. Andrew's Family



Lots of work being done around the church:

- Two trees were taking down in the playground.
- The Rector's office, kitchen, and back alley way were painted.
- New A/C unit put in in the preschool
- Outside kitchen door and leaks repaired.





## KID'S PAGE



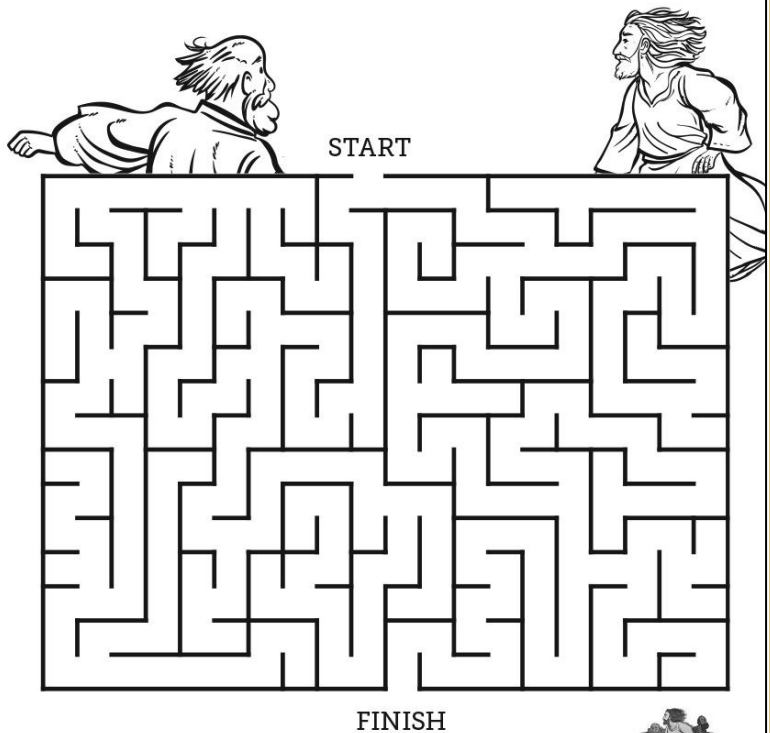
Why did Peter begin to sink as he walked toward, Jesus?

He didn't have enough faith.



## JESUS WALKS ON WATER

Lead Peter across the water to Jesus.





**ST. ANDREW'S EPISCOPAL CHURCH**  
301 Circle Drive • Rocky Mount, NC 27804

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*Return Service Requested*

## Our Parish Family



*Let Light Perpetual Shine*

***Katherine Avent***  
*December 16, 1949-June 15, 2024*  
*Mother to Kitty Hudgins*  
*Grandmother to Kate Hudgins*



We will pack food pantry bags on  
July 21st after 9:30am  
service.

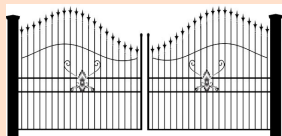


Men's Club meets Saturday, July 6th  
at 8am in the Parish Hall.

### Mark Your Calendars

Brunch in the Parish Hall on  
July 28th after the 9:30am service.

Gatekeepers  
July 7th-12th



**Church Office Closed Thursday, July 4th**

### Carriage Court School Supplies

Beginning Sunday, July 14th through August 11th, we will collect school supplies for the kids at Carriage Court Apartments. Please bring items to the Commons by Sunday, August 11th. You can find a full list of supplies in the Commons.

