



September 2023

Sundays

9:30a.m. Holy Eucharist
Alternating between Rite I and Rite II

Wednesdays

No Healing Services in September

Coming Up

Sept. 1	Audit Due	
Sept. 9	Men's Club	8:00am
Spt. 10	Marie Inscore's Birthday Party	
Sept. 12	Lion's Club	6:30pm
Sept. 20	Vestry	6:00pm
Sept. 23	TRCC	3-5:00pm
Sept. 24	Outdoor Service Blessing of the Backpacks BBQ Lunch	
Sept. 26	Lion's Club	6:30pm

Stop! Look! Listen!

Written by Rev. Cecil H. Skibbe

In the early railroad decades of this century, it wasn't unusual for four different railroad companies to have trains, freight and passenger, passing through towns in the Midwest. Those big steam engines always got attention. It was exciting to watch them take on water and coal, build up steam, and then tug away with their long string of cars.

Each locomotive had its own distinct steam whistle sound. Whether working in the fields in the spring and summer, or cutting wood in the winter, people would always know the time of day as they learned to recognize the whistle sounds of the various trains. Out in the countryside where the train tracks and roads crossed, there would only be the familiar white railroad crossing sign. However, in town there were additional safety installations. One railroad company installed a clanging bell that would be set off by the approaching train. Of course, on each engine there was a highly polished bell as well as the familiar steam whistle that could be heard for miles away providing the wind was in the right direction. One of the crossings had a sign with the words: STOP! LOOK! LISTEN! At another multi-crossing, as a train was approaching, a man would emerge from a nearby booth with his familiar STOP sign by day and a lantern at night. He was simply referred to as the "Flag Man". Later, of course, electric flashing lights and automatic gates replaced the flag man and the silent signs and, eventually, the old steam engines were replaced by the diesels.

STOP! LOOK! LISTEN! This type of sign would never work today. People wouldn't see it, let alone read it and yet, it is good advice. It might be well for us to briefly consider those three words: STOP! LOOK! LISTEN! We must STOP to take inventory ... to see what great things God has done for us ... to make certain we have our priorities straight, lest we be going on the dead run ... STOP to make sure we are on the right track ... STOP for rest and contemplation ... STOP to consider possible dangers and pitfalls that may be lurking on our path ... STOP to gain spiritual rest for our soul.. .STOP to commune in prayer with our heavenly Father ... STOP to drink of the water that quenches all thirst. Not only must we STOP, we must also LOOK. We must LOOK ahead ... about us and within ourselves ... LOOK up to Jesus, the Author and Finisher of our faith ... LOOK to the Lord for guidance, strength, comfort, peace, companionship, hope, assurance, forgiveness and salvation.

Continued on Page 2

Continued from Page 1:

Heed the holy writer who says, “Let your eyes LOOK directly forward, and your gaze be straight before you. Take heed to the path of your feet, then all your ways will be sure” ... “LOOK to me” the holy Lord God declares, “and be saved”. May the language of our hearts be, “As for me, I will LOOK to the Lord, I will wait for the God of my Salvation; my God will hear me”. Micah 7:7.

STOP! LOOK! LISTEN! We must faithfully LISTEN to our heavenly Father who says to us, “This is My beloved Son, with Whom I am well pleased; LISTEN to Him”. Matthew 17:5.

There are all kinds of voices out there in the world trying to get our attention. LISTEN to Him who created us, redeemed us and sanctified us. LISTEN to the holy, Spirit-filled, power-packed Word of our Lord. We must faithfully, diligently LISTEN for the purpose of discovering: What’s the Lord Jesus telling me about Himself? ... about myself? ... What warning, admonition, instruction is there for us on the cross at Calvary; that He took our place, paid our price, that in Him we have eternal life. How important it is that we pause from time-to-time; that we take inventory of our lives; that we make certain that we know from where we have come, why we are here, and above all, that we know where we are going. To that end it is vitally important that we **STOP! LOOK! and LISTEN!**

All Hail the Power of Jesus’ Name

By Tim Challies

Edward Perronet was born in England in 1726, the grandson of a French immigrant. His father, Vincent, was a clergyman in the Church of England and a close friend and associate of John and Charles Wesley. Though Edward had planned to follow his father into Anglican ministry, the influence of the Wesleys prevailed, and he became a traveling Methodist preacher.



Louis Benson records in his *Studies of Familiar Hymns, Second Series* that Edward was a capable preacher and sincere follower of Christ. For some reason, however, he developed a strong antagonism towards the Church of England, and began to express it in his behavior and speech. This proved to be a source of trouble for the Wesleys. Edward eventually left the Methodist movement and settled down with a dissenting congregation, which he pastored until his death in 1792.

In addition to preaching, Edward was also a skilled writer; and in the latter years of his life he published anonymously, in a series of small books, a number of hymns he had composed. One of these books, *Occasional Verses, Moral and Sacred*, contains as its third entry the hymn titled “On the Resurrection,” which is now known as, “All Hail the Power of Jesus’ Name.”

To the right are the original lyrics to the hymn, as first published in *Occasional Verses*. The hymn was originally sung to the tune “Miles Lane,” written by a friend of Edward, William Shrubsole. Just a few years after its release Oliver Holden of Massachusetts composed an alternate tune for it, “Coronation,” which is the melody most familiar to us in North America.

Hymn

All hail the power of Jesu’s
name!

Let Angels prostrate fall;
Bring forth the royal diadem,
To crown Him Lord of All.

Let high-born Seraphs tune the
lyre,

And, as they tune it, fall
Before His face who tunes
their choir,
And crown Him Lord of All.

Crown Him, ye morning stars
of light,

Who fix’d this floating ball;
Now hail the strength of
Israel’s might,
And crown Him Lord of All.

Crown him, ye martyrs of your
God,

Who from His altar call;
Extol the stem of Jesse’s rod,
And crown Him Lord of All.

Ye seed of Israel’s chosen race,
Ye ransom’d of the fall,

Hail Him who saves you by His
grace,
And crown Him Lord of All.

Hail Him, ye heirs of David’s
line,

Whom David Lord did call;
The God incarnate, man
Divine;
And crown Him Lord of All.

Sinners! whose love can ne’er
forget

The wormwood and the gall,
Go—spread your trophies at
His feet,
And crown Him Lord of All.

Let every tribe, and every
tongue,

That bound creation’s call,
Now shout in universal song,
The crowned Lord of All!

C.A.T. Survey Results

On Sunday August 6th, the Reverend Earnest Graham, Canon for Ministry at the Diocese of North Carolina, came to St Andrews to share the results of our Congregational Assessment Tool. The tool was completed by 109 members of the Congregation. Overall, 59% of our members indicated they are clearly satisfied with things in the church. In comparison to other churches this indicates a High level of Satisfaction. The survey indicated our top 3 priorities are:

- 1. Make necessary changes to attract families and youth to our church.**
- 2. Develop and implement a comprehensive strategy to reach new people and incorporate them into the life of the church.**
- 3. Provide more opportunities for Christian Education and spiritual formation at every age and stage of life.**

The full survey results are available via email from the office. All the information in the report will be used to further inform potential Rector candidates as well as give our Church Leadership a roadmap for the future. Thanks to everyone for their input and support!

The Congregation Assessment Tool was recently administered in your church. 223 persons were invited to participate; of these, 109 persons responded. A response from every member is not required to provide valid results. For a complete readout, please review the Vital Signs report that was sent to your church. A summary of that report is provided below. Overall, approximately 59% of your members are clearly satisfied with things in the church. This, along with other information, indicates that the church has options which include growth, expansion, replication, and external impact. Whether any of these will be realized depends on the choices made.

Not every question is of equal importance to members. When asked how satisfied they are, members tend to focus on the issues addressed in the questions below. When they feel more positive in these areas, they tend to feel more positive overall.

- **In important decisions in our church, adequate opportunity for consideration of different approaches is usually provided.**
- **Our former Rector helped us accomplish our mission by bringing out the best in everyone.**
- **The worship services at our church are exceptional in both quality and spiritual content.**
- **Our former Rector articulated a clear vision for our church and kept it before the people in a compelling way.**
- **Our former Rector made things happen.**

Conversely, when your members feel less positive about the areas above, they tend to feel less satisfied with their experience in the church overall.

Every church exhibits patterns in its life that contain strengths and potential weaknesses. Your church has potential strengths related to relevance and religious experience. Potential weaknesses include a fear of authenticity and difficulty facing personal and corporate shortcomings. As members look to the future, their top four goals are

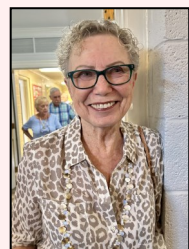
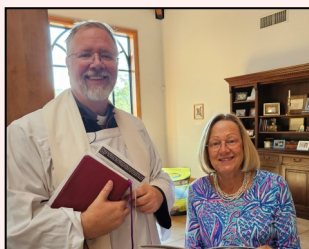
- **Make necessary changes to attract families with children and youth to our church.**
- **Develop and implement a comprehensive strategy to reach new people and incorporate them into the life of the church.**
- **Provide more opportunities for Christian education and spiritual formation at every age and stage of life.**
- **Create more opportunities for people to form meaningful relationships (for example, small groups, nurtured friendships, shared meals, etc).**

In comparison to other churches, three goals that are unusually strong for your church are

- **Change or improve the music of the church to deepen our worship experience.**
- **Strengthen the pastoral response of the church in serving people serving people in times of need (emotional, mental, physical, spiritual, etc.).**
- **Make necessary changes to attract families with children and youth to our church.**

These may warrant attention from the leadership even if they are mid-level priorities.

All the information in this report should be explored and validated in further conversation. **Survey data is not the end of a conversation but the beginning.**



Calling those interested in the Children's Ministry!

Our Children's Christian Ed group met recently to discuss plans for the upcoming Sunday School schedule. We are actively looking for volunteers who would be interested in picking up 1-2 Sunday's in each of the Fall and Winter/Spring seasons. Opportunities and details are listed below. You will **not** be responsible for planning your own lesson, as the Christian Ed group will provide you all you need in order to provide 30 minutes of wonderful Children's worship and activities.



- Sunday's starting October 1st
- Volunteer opportunities: Assist one of our Core members, Substitute, or Lead a Sunday
- Ages: 1st-5th Grades; Kindergarten/Preschool

If you are interested, please reach out to Katie Keeter at keeter-katie@gmail.com or Sarah Katherine in the office. We are looking forward to a wonderful year for our Youth!



Celebrating Sunday's Together



St. Andrew's Preschool and Kindergarten

St. Andrew's School stays busy through the year! We begin with a summer social to introduce the children to their teachers and classmates. This year, we had a foam party! The church puts together Welcome bags for all our incoming preschoolers filled with things they will use in the classroom, fun toys for home, and of course information about St. Andrew's. These are distributed at the beginning of the school year. We have a Parent Orientation and Open House, and then our year officially begins!



Some of our fun events that we have are Blessing of the Backpacks, Blessing of the Animals, a visit from the fire department, fieldtrip to Hill Ridge farms, a school-wide Birthday Party for Jesus, a couple of Parent Socials (we treat and feed our amazing parents), Grandparents Day, Field Day, and our awesome yearly Quarter Auction, which we have scheduled for April 27, 2024. The Preschool also takes part in the Butterbraid fundraiser every year. A delicious treat we all look forward to every year! We also have Chapel on the 1st and 3rd Wednesday each month. If you would like to volunteer to read a bible story to the children, with any other extras you would want to include (songs, acting out the story), we would LOVE to have you! The children enjoy Chapel and going into the beautiful sanctuary.

We are also always in need of substitutes. You will never be in a room by yourself, and you will be a helper - there will always be a lead teacher! Or, we would love to have you listen to our Kindergarten littles read a bit later in the year. Or, while we are testing, it would be wonderful to have another set of eyes in the classroom! If you ever want to help, we can find the perfect spot for you!



Once the school year ends, our summers are filled with Ms. Amy's Camps and Mother's Morning Out almost every day! We are blessed to have all these wonderful children, so above all, prayers are SO APPRECIATED!





September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30am Morning Prayer					1	2
3 9:30am Morning Prayer	4 Labor Day Office Closed	5 9:00—11am Food Pantry	6 9:00—10:30am Food Pantry Preschool Children's Chapel 9:30am	7 9:00—11am Food Pantry 4:30-7:00pm TRCC	8	9 Men's Club 8:00am
10 9:30am Rite I Rev. Adele Hatfield Birthday Party for Marie Inscore	11 6:30-9pm TRAC	12 9:00—11am Food Pantry 10:00am Book Club 6:00pm Finance Com. 6:30pm Lion's Club	13 9:00—10:30am Food Pantry	14 9:00—11am Food Pantry 4:30-7:00pm TRCC	15	16
17 9:30am Rite II Rev. Gene Carpenter Packing food pantry bags	18 6:30-9pm TRAC	19 9:00—11am Food Pantry	20 9:00—10:30am Food Pantry Preschool Children's Chapel 9:30am 6:00pm Vestry Meeting	21 9:00—11am Food Pantry 10am Meals on Wheels 4:30-7:00pm TRCC	22	23 3:00-5:00pm TRCC
24 9:30am Morning Prayer Outdoor Worship Service Blessing of Backpacks & Briefcases BBQ Lunch	25 6:30-9pm TRAC	26 9:00—11am Food Pantry 6:30pm Lion's Club	27 9:00—10:30am Food Pantry	28 9:00—11am Food Pantry 4:30-7:00pm TRCC	29	30



September 2023



LAY/LEM READERS

September 3

9:30 George Earp

September 10

9:30 Terry Shackleford
Linda Hutcheson
Ramona Orzell

September 17

9:30 Tim Knapp
Jeanie Armstrong

September 24

9:30 Leslie Hall
Martha Lamm

Greeters

September 3

9:30 Linda Hutcheson
Rita Coggins

September 10

9:30 Sissy Dunton
Rita Coggins

September 17

9:30 Elizabeth Hunter
Rita Coggins

September 24

9:30 Rosemary Clark
Rita Coggins

ACOLYTES

September 3

9:30 Lauren Renck

September 10

9:30 Walker Wells

September 17

9:30 The Mericles

September 24

9:30 Landon Newcomb

Pantry Distributors

Tuesday—Patty Kennedy
Wednesday—Tommy Parker
Thursday—Elizabeth Hunter

Pantry Volunteers

Betty Bunn
Elizabeth Mosley
Tom Jenkins

Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.

you.

Matthew 6:31-33



USHERS

September 3

9:30 Linda Hutcheson
Volunteer

September 10

9:30 Jan Arnold
Volunteer

September 17

9:30 Angela Reid
Jim Royal

September 24

9:30 Billy Suggs
Steve Thurkill

Kitchen Clean Up

Sissy Dunton
Rachel Dix





David Flood Organ Concert at St. Andrew's



Sharing the music with our friends and neighbors: Folks from All Saints in Roanoke Rapids, Good Shepard, Englewood Methodist, First Presbyterian of Rocky Mount. Plus a visit from Father George as well! What a spectacular event!



We had a great turnout at our UCM Cookout on Friday, August 18th. We served 65 people! Thank you to everyone who helped set up, cook, and serve!



We have broken ground and our labyrinth is underway! Concrete has already been poured and in October the design will be etched.

Tornado Food Bag Giveaway Signs



Please welcome our newest supply priest—Rev. Adele Hatfield.

The Rev. Adele Hatfield is a retired priest, living in Fuquay-Varina. She served parishes in the Dioceses of East Carolina, Southwest Florida, Newark and Easton. She also taught public school music and served as organist/choirmaster at Church of the Advent in Williamston before ordination. Rev. Adele enjoys gardening, singing with the Schola Cantorum of the Diocese of East Carolina and spending time with her family and friends. She is married to a retired priest who plays keyboard in a rock band.



Over \$5500 of food was ordered for our Tornado Relief food bags. Thank you to everyone who showed up to help unload and get everything set up for packing it all back up again!



We had about 65 folks from St. Andrew's and Good Shephard show up early Saturday morning to help pack up 307 bags worth of food for our Tornado Relief efforts! Men's Club helped to feed everyone with sausage and biscuits, coffee, and soft drinks. Thank you to everyone who came out and made this possible!



Thank you to everyone who came out to help with the food bag giveaway! It was a Herculean task, but, we gave away 48 bags of food and touched 67 people who were in need.





Celebrating the 90s! Happy Birthday to Joe Nelson, Barbara Edwards
Jim Gardner, Ben Yelverton, Peggy Winstead, Wanda Thayer, and MH Pridgen



JOIN US FOR A

Birthday Party

MARIE INSCORE is turning 80!

Join our family for BRUNCH
Sunday, September 10th at 11:00 am
St. Andrews Episcopal Church
Parish Hall
301 Circle Drive, Rocky Mount, NC
Please, no gifts
Regrets by September 2nd: tonyin@ncol.net or 252-206-6077



School supplies have been dropped off at Carriage Court. Thank you to everyone who brought supplies in!



Cary Walker (regional manager) and Monique Joyner (Property Manager)

Kid's Page

Name: _____

Joseph Word Scramble

- meainf _____
- feovrig _____
- niarg _____
- lasev _____
- pytgE _____
- trsheorb _____
- hoaPhar _____
- dofa _____

You meant _____
against me, but God
meant it for _____.



"And Pharaoh said to Joseph, 'I have had a dream, and there is no one who can interpret it; and I have heard it said of you that when you hear a dream you can interpret it.'"

"Joseph answered Pharaoh, 'It is not in me; God will give Pharaoh a favorable answer.'"

"Then Pharaoh said to Joseph, 'Behold, in my dream I was standing on the banks of the Nile; and seven cows, fat and sleek, came up out of the Nile and fed in the reed grass; and seven other cows came up after them, poor and very gaunt and thin, such as I had never seen in all the land of Egypt.'"

-Gen 41:15-19

Bible Pathway
Adventures

Joseph's DREAMS



Read Genesis 37. Find and circle the words below.

B D P J H Q K G F T C D E O X
R S U C E Q R G I A Q I O T O
O Z H C W A X C E Q U M T E S
T U Z E H X L S L Q P O W T U
H P X K A J A O D B R O B G N
E D D A R V V U U A I N A S Y
R R D L M A E X O S G Q O F R
S E C T M K J S F E H R U O E
P A V W X U K J Z M T X B N A
W M V E B S L O U K F X O J A
M S G L H E A S F N N U W N R
V K G M L R U E Q G H E Z M G
U X M M L E Q P G L Q D K E J
Z S T A R S R H B V N M F R U
G X F A T H E R H L I V J R S

BOW
JEALOUS
FIELD
UPRIGHT
BROTHERS
STARS
MOON
SUN
JOSEPH
DREAMS
FATHER
SHEAVES

Joseph Helps his Family Genesis 45:1-15, 50:15-21

Hidden Pictures: Joseph and His Family

Find these objects hidden in the picture below: book, magnet, fish, star, snail, football, sock, cake, needle and thread, moon, badge, spoon



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ST. ANDREW'S EPISCOPAL CHURCH
301 Circle Drive • Rocky Mount, NC 27804

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Return Service Requested

Our Parish Family



Join us on September 24th at 9:30am for an outdoor service (weather permitting) and Blessing of the Backpacks.

We will have a BBQ lunch after the service and a bouncy house for all those young at heart!



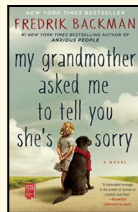
Join us on September 10th at 11am to celebrate Marie Inscore's 80th birthday party! All are invited!



We will pack food pantry bags on September 17th after 9:30am service.



Men's Club meets Saturday, September 9th at 8am in the Parish Hall.



St. Andrew's Book Club will meet on Tuesday, September 12th at 10am in the Parlor. We will be discussing two books: My Grandmother Asked Me to

Tell You She's Sorry by Fredrik Backman and Major Pettigrew's Last Stand by Helen Simonson.

Please bring suggestions for books to read this year! The only requirement being you have read the book.

