

## Lab Report Sheet

**The Principle:** The Alby Einstein Principle

**The Theory:** You are a field of energy in an even bigger field of energy.

**The Question:** Could it be true that I'm made up of energy?

**The Hypothesis:** If I am energy, I can direct my energy.

**Time Required:** Two hours of experimentation.

**Today's Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**The Approach:** Wahoo, baby! With nothing but my powerful thoughts and energy, I can make these wands rock and roll. Just think what other magic I can undoubtedly do. As a famous president once said, "Bring it on."

**Research Notes:**

*"To be a true explorer in science – to follow the unprejudiced lead of pure scientific inquiry – is to be unafraid to propose the unthinkable, and to prove friends, colleagues, and scientific paradigms wrong."*

-Lynne McTaggart  
Author of *The Field*