

U.S. Postage
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Permit #278
Rocky Mount, NO

Return Service Requested

Our Parish Family



In Memoria

Dottie Barrett

July 26, 1938—January 16, 2022

&

Mary Lou McLawhorn
September 12, 1934—January 20, 2022
Mother of April Livermon

The Men's Club breakfast meeting is scheduled for Saturday, February 5th at 8:00 a.m. in the parish hall.



Notices

Due to Covid-19 infection rate, Healing Services are cancelled until further notice.

We will observe one worship service at 10 a.m. on Sundays until further notice, following safety practices of masks, hand sanitizer and distancing. All services are broadcast on our Facebook Page and posted to our website.

Adult Christian Education

Adult Christian Education continues through February 20 at 9:00 a.m. with an in depth study of the Book of Exodus. We will meet on Zoom rather than in-person to minimize the transmission of Covid–19; the Zoom information is below:

Join Zoom Meeting

https://us02web.zoom.us/j/83426678551

Meeting ID: 834 2667 8551

To call in dial: 1-929-205-6099 (plus Meeting ID above);

or dial 1-301-715-8592 (plus Meeting ID above)

"Follow me and I will make you fishers of people."



St. Andrews Episcopal Church, Rocky Mount, NC



February 2022

Sundays

10:00a.m. HE Rt. I & Rt. II 9:00a.m. Adult Christian Ed. Via Zoom. The Zoom invitation will be

sent each week via email.

Our goal is to once again begin offering two services sometime during the month. Please check your weekly emails for service times.

Wednesdays

10:30a.m. Healing Service

With healing prayer and anointing of oil Please check your emails, depending on the COVID positivity rate, a reflection may be offered online instead.

Coming Up

Feb. 8	Book Club	10:00a.m.	
Feb. 8	Finance Meeting	6:00p.m.	
Feb. 16	Vestry Meeting	6:15p.m.	
Feb. 17	Meals on Wheels	10:00a.m.	

March 1 Shrove Tuesday 5:30-6:30p.m. Drive Thru Pancake Supper

March 2 Ash Wednesday

7:00a.m. in-door and in-person worship 5:30p.m. Drive in via WSAE FM radio

The Eucharist will be offered at both services as well as imposition of ashes.

Becoming Salt

By The Rev. George H. Greer



In Matthew's account, chapter 5, Jesus says to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned?" Mt. 5:13-16

There is an old English tail that may have inspired Shakespeare's *King Lear*, a king puts a question to his three daughters. "How much do you love me?" he asks them. The first two speak of their love in extravagant terms; the youngest simply says, "I love you as meat loves salt." The king, disappointed by her answer, drives her out of the castle.

Tattered and worn, she comes to another castle and takes work as a kitchen maid. In classic fairytale fashion, she catches the eye of the Kings son. Soon and they are planning a grand wedding, and the young woman makes sure her father's name is on the guest list. Then she tells the cook to prepare the wedding feast without a grain of salt.

At the feast, the bride's father takes one bite of the roast. Realizing what is missing from his meet, he burst into tears. "Once I had a daughter", he sobs-and you can guess the happy ending.

In his Sermon on the Mount, Jesus names his followers-that is, usthe salt of the earth. It is our mission to bring the flavor of God's love to this sad and suffering world.

Yet each of us is only a single grain, and the world is so large that we sometimes feel overwhelmed. We might find a little comfort from another common saying, "Take it with a grain of salt." A grain of salt makes the hard-to-swallow go down more easily.

We know all to well that life offers a lot of things that are hard to swallow: sickness and poverty, war and violence, loss of every kind.

Continued on Page 2

Becoming Salt, Cont. from page 1.

We also know that sometimes a simple grain of salt has helped them go down: an encouraging word, an unexpected compliment or a word of thanks, best of

all-a warm hug from a loved one or child.

We cannot season the entire world, but we can give what other grains of salt (disciples) have given us-a bit of flavor that takes the edge off the bitter.

Wherever we find ourselves, we can make the sorrows of others in our portion of the kingdom a bit easier to swallow. Amen.

Saints Alive

St Matthias Feb. 24.

In the nine days of waiting between Jesus' Ascension and the Day of Pentecost, the disciples remained together in prayer. During this time, Peter reminded them that the defection and death of Judas had left the fellowship of the Twelve with a vacancy. The Acts of the Apostles records Peter's proposal that "one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, beginning from the

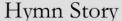
baptism of John until the day when he was taken up from us — one of these men must become with us a witness to

his resurrection" (Acts 1:21-22). Two men were nominated, Joseph called Barsabbas who was

surnamed Justus, and Matthias. After prayer, the disciples cast lots, and the lot fell to Matthias, who was then enrolled with the eleven.

Nothing further is told of Matthias after his selection. According to tradition he was an exemplary Apostle, but we know nothing more. Matthias seems an appropriate example to Christians of one whose faithful companionship with Jesus qualifies him to be a suitable

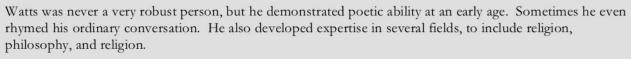
witness to the resurrection, and whose service is unheralded and unsung.

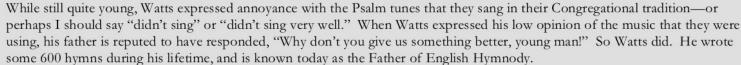


O God our help in ages past #680

By The Rev. Richard Donovan

Isaac Watts was the son of a Dissenter—a Congregationalist at odds with the Church of England. His father was a strong advocate for his faith, and found himself in trouble with the law on more than one occasion because of his dissent. That was the intense sort of environment in which Isaac Watts' character was formed.





"O God, Our Help in Ages Past" is a paraphrase of Psalm 90:1-5. Watts wrote it in 1714, and published it in a collection of poetic versions of the Psalms in 1719. He called the collection, The Psalms of David in the Language of the New Testament. It included poetic versions of each of the 150 Psalms—to include "Joy to the World," based on Psalm 98, and "Jesus Shall Reign," based on Psalm 72.

Watts was a lifelong Dissenter. However, some years after his death, officials erected a monument in his memory in Westminster Abbey—proof that his contributions were too significant not to be acknowledged.

The hymn tune associated with this hymn was composed by William Croft. He named it "St. Anne" in honor of the church where he served as organist—St. Anne's Church in Soho, London. Croft was later chosen to serve as the organist at Westminster Abbey.

2021 Year in Review





Fall and Winter













Remodeled parish hall

















2021 Year in Review



Blessing of the Backpacks

















A huge Thank You to our many Altar Guild Members!





Gifts to Newton Grove and Episcopal Farmworker Ministry Sept.







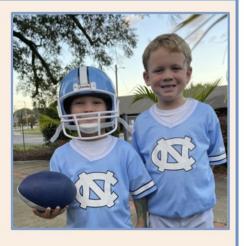
Photos around church

Kids Corner

Do any of you know the "hokey pokey" song and dance? It begins with,

"You put your right hand in. You put your right hand out. You put your right hand in, and you shake it all about. You do the Hokey Pokey, and you turn yourself around. That's what it is all about."

The second verse is essentially the same as the first verse except this time you put your left hand in instead of your right hand. After the left hand, you follow the same instructions with your left foot, then your right foot, and then your head. At the end, you put your "whole self" in! It's a great dance and one I'm sure your parents would love to teach you if they haven't already.



But can you imagine what would happen if you were doing the Hokey Pokey, and your left-hand refused to do the Hokey Pokey because it wanted to be the right foot?

Or what if the head said, "I don't need any of you. I can do the Hokey Pokey all by myself."

This simply isn't possible. The hands, the feet, and the head are all part of the "whole self." And no part can take the place of another.

Even though the Hokey Pokey is kind of silly, it is a good picture of the parts that make up the church. The Bible says, "The eye cannot say to the hand, I don't need you!' And the head cannot say to the feet, I don't need you."

Every single person is an important part of the church, just like every body part is important to the whole body. Together we make up what is called the "Body of Christ."

God has given to each of us special gifts that are important to His church. Some of us have been given the gift to be a minister, a teacher, a lawyer, a doctor, etc. Maybe God gave you the gift of being creative, being a good listener, or something totally different.

What is the special gift God has given to you? How can you use your special gift to help others?

Just as God gave us hands and feet, eyes, and ears to meet the needs of the body, He has given different people different gifts to meet the needs of the whole church.

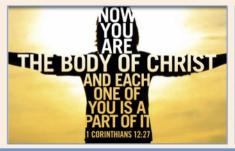
Let us pray: Dear God, thank you for giving each of us special gifts. Help us to remember that each of us is an important part of the Body of Christ. Amen.

Fr. George

"For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ." I CO 12:12



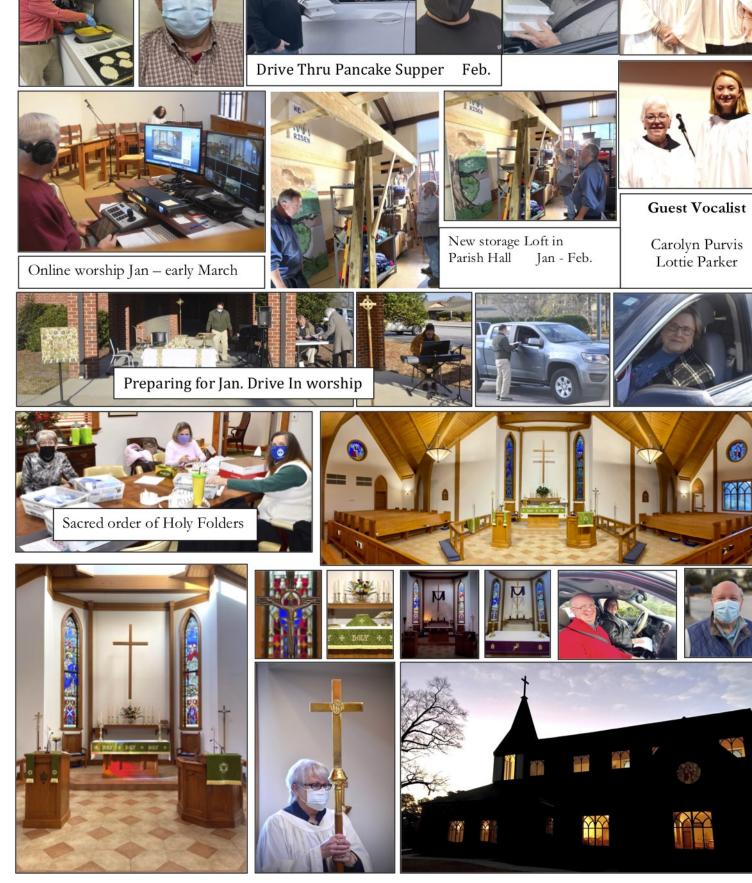








2021 Year in Review January - February Drive Thru Pancake Supper Feb. **Guest Vocalist** New storage Loft in Parish Hall Jan - Feb. Carolyn Purvis Lottie Parker Online worship Jan – early March





2021 Year in Review





Ashley Warren and Jon

Sacrament of Marriage Caitlyn Brandt and Hobbs Johnson Riley





Faith and Blue

Sept. 17















April

February 2022

READERS

February 6 10:00 a.m. Leslie Hall

February 13 10:00 a.m. Ramona Orzell

February 20 10:00 a.m. Martha Lamm

February 27 10:00 a.m. Tim Knapp

Distribution

FEBRUARY PANTRY VOLUNTEERS

Packers

Lynn Arnow

Diane Renck Dick Arnow

Wednesdays: Tommy Parker Tuesdays: Patty Kennedy

Thursdays: Elizabeth Hunter

FEBRUARY KITCHEN CLEANING Lynn Arnow and Ramona Orzell



LEM

ALTAR GUILD

Sunday, February 6
Diane Dunstan
Carolyn O'Garro Moore
Debbie Mills

Sunday, February 13
Linda Hutcheson
Catherine Jancso
Nancy Knapp

Sunday, February 20 Dotsy Royal Lori Joyner

Sunday, February 27 Martha Lamm Jan Warren



Saturday	5 8:00 a.m. Men's Club Breakfast	12	19	26 3 p.m.—4 p.m.– TRCC	
Friday	4	11 8:30–5 p.m. Life Line Screening Parish Hall	18	24	
Thursday	3 9:00-11:00 a.m. Food Pantry 5:00 p.m.—TRCC	10 9:00-11:00 a.m. Food Pantry 5:00 p.m.—TRCC	9:00-11:00 a.m. Food Pantry 10:00 a.m. Meals on Wheels 5:00 p.m.—TRCC	24 9:00-11:00 a.m. Food Pantry 5:00 p.m.—TRCC	
Wednesday	9:00-10:30 a.m. Food Pantry No Healing Service	9:00-10:30 a.m. Food Pantry No Healing Service	16 9:00-10:30 a.m. Food Pantry No Healing Service 6:00 p.m. Vestry Meeting	23 9:00-10:30 a.m. Food Pantry No Healing Service	
Tugsday	1 9:00-11:00 a.m. Food Pantry	8:00-11:00 a.m. Food Pantry 6:30 p.m.—Lion's Club	15 900-11:00 a.m. Food :Pantry	22 9:00-11:00 a.m. Food Pantry 6:30 p.m.—Lion's Club	
Monday		7 4:30 p.m. ADK 7:00 p.m. TRAC	14 7:00 p.m. TRAC	21 7:00 p.m. TRAC	28 7:00 p.m. TRAC
Sunday		6 9:00 a.m. Adult Christian Ed (via Zoom) 10:00 a.m. HE Rite I	13 9:00 a.m. Adult Christian Ed (via Zoom) 10:00 a.m. Rite II	20 9:00 a.m. Adult Christian Ed (via Zoom) 10:00 a.m. HE Rite II	27 9:00 a.m. Adult Christian Ed (via Zoom) 10:00 a.m. HE Rite II
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